



CHRIST
(DEEMED TO BE UNIVERSITY)
BANGALORE | DELHI NCR | PUNE

Centre for Neurodiversity Research and Innovation (CNRI)
School of Psychological Sciences

Organises a Workshop on

FROM AWARENESS TO ACCEPTANCE

Promoting Inclusion for Adults with Autism Spectrum Disorder



20th February 2026,
Friday



9:00 AM-5:00 PM



Block 1 Auditorium, Christ University
Bangalore Kengeri Campus

**Speakers: Mental Health Professionals,
CHRIST (Deemed to be University)**



Dr. Uma Krishnan
RCI Licensed Clinical
Psychologist

Specialisation: Child and
Adolescent Psychology



Dr. Bhuvaneshwari B
Psychiatric Social Worker

Specialisation: Family
Therapy



**Dr. Rajeshwari
Muthukumaran**
Psychologist

Specialisation: Cognitive
Researcher



**Dr. Ammu Elizabeth
Alexander**
RCI Licensed Rehabilitation
Psychologist

Specialisation: Autism
Spectrum Disorder

Schedule:

SESSION 1

Understanding and
Accepting Autism in
Adulthood

SESSION 2

Mental Health and
Well-being of Adults
with Autism and
their Caregivers

SESSION 3

Education,
Employability and
Independent Living of
Adults with Autism

SESSION 4

Roles and Ethical
Practices
concerning Mental
Health Professionals

Scan to Register:



Participation Fees:

CHRIST STUDENTS
Rs. 400

CHRIST FACULTY
Rs. 600

EXTERNAL STUDENTS
Rs. 400 (excluding GST)

PROFESSIONALS
Rs. 700 (excluding GST)

Who can Attend?

Psychologists, Special Educators,
Rehabilitation Professionals,
Caregivers, Teachers,
Students and Parents

**CERTIFICATES WILL BE
PROVIDED**

For any Queries, Contact Student Coordinators:

Kripa Arora : 9971800885

Arshia Chaubey: 8978955870

LAST DATE TO REGISTER: 19th February 2026



@cnri_neurodiversity



Centre for Neurodiversity
Research and Innovation (CNRI)



<https://www.centerforneurodiversity.org/>